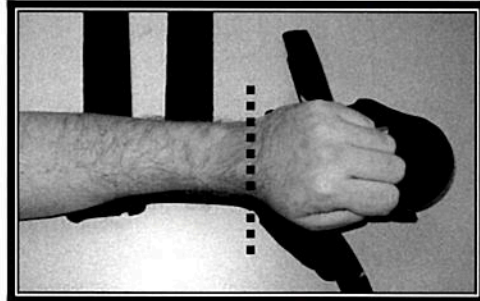


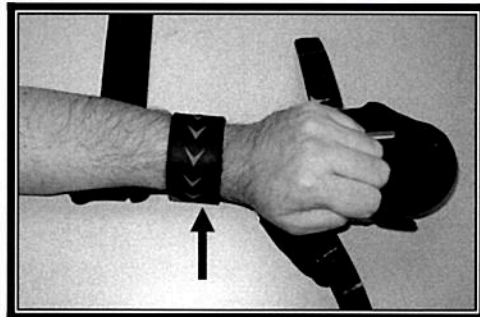
SaebStretch[®]

Quick Donning Guide for Patients

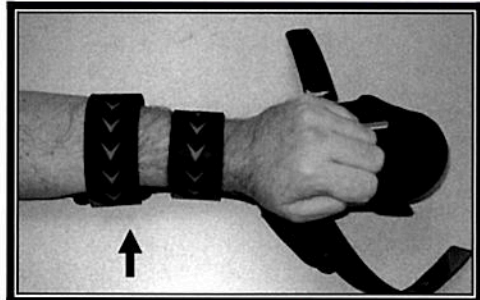
Step # 1: Place your forearm on the splint so the wrist is located at the bend.



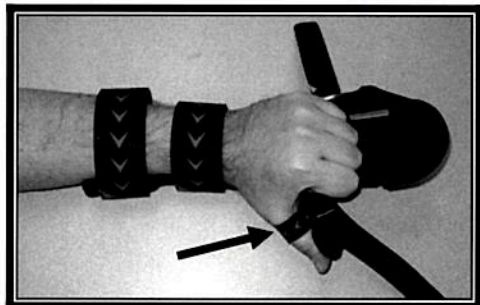
Step # 2: Secure the wrist strap first. This strap should initially be secured tightly as you will come back and loosen it after all the straps are secure.



Step# 3: Secure the forearm strap. This strap should also initially be secured tightly as you will come back and loosen it after all the straps are secure.

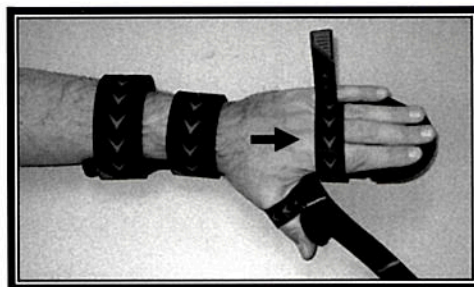


Step # 4: Position the thumb on the thumb section, and secure the thumb strap.

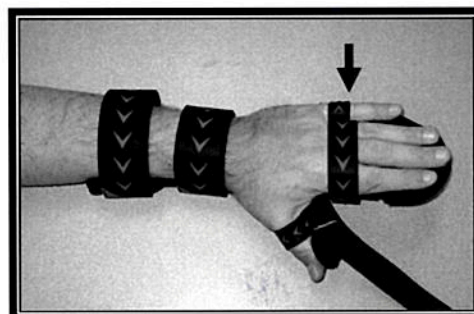


Step # 5: Use your uninvolved hand to open your fingers and drape them over the hand section. Bring the straps for the fingers up between the ring and little finger.

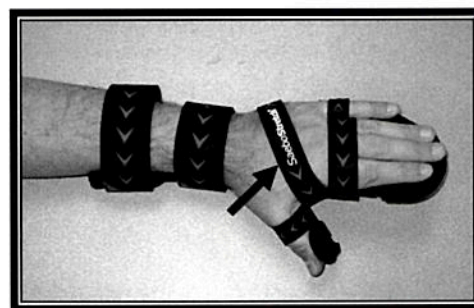
Step# 6: Secure the finger strap for the index, long, and ring fingers.



Step # 7: Secure the strap for the little finger.



Step # 8: Secure the strap that covers the back of the hand. If you have a lot of tone and your hand is tight you can do this step before step #6, and before you bring the two straps up between the ring and little fingers.



Step # 9: If you have a tight hand and are using the additional strap, secure it as shown in the picture.



Step # 10: Undo the wrist strap and re-secure it with less tension. Also undo the forearm strap and re-secure it with less tension.

Tips:

- If you are going to wear the SaebStretch while being active, please make sure the straps are snug.
- If you are going to wear the SaebStretch at rest, feel free to loosen the straps.

******* If you notice swelling between the straps, they are secured too tightly. Undo the straps one at a time and re-secure with less tension.