

Soft Knee Braces



Can be worn under pants if wearing all day, can be worn over pants if only wearing for short periods of time/for specific reasons.



Position brace so that the knee cap is in the middle of the hole formed when you do up the top and bottom flaps. They should be snug enough so that the brace does not slip down. Then do up the top and bottom straps.



Straps need to be tight but you should be able to fit one finger underneath. If you can fit more than one, you need to tighten the strap. If you cannot get one finger under, you need to loosen the strap until you can.

Care Instructions: Hand wash with mild soap and hang to dry.